



Halloween is the season for little ghosts and goblins to take to the streets, asking for candy and scaring one another silly. Spooky stories are told around fires, scary movies appear in theaters and pumpkins are expertly (and not-so-expertly) carved into jack-o'-lanterns.

Halloween, also known as All Hallows' Eve, can be traced back about 2,000 years to a pre-Christian Celtic festival held around Nov. 1 called Samhain (pronounced "sah-win"), which means "summer's end" in Gaelic,



Costumes and trick-or-treating

The tradition of dressing in costumes and trick-or-treating may go back to the practice of "mumming" and "guising," in which people would disguise themselves and go door-to-door, asking for food, Santino said. Early costumes were usually disguises, often woven out of straw, he said, and sometimes people wore costumes to perform in plays or skits.

The practice may also be related to the medieval custom of "souling" in Britain and Ireland, when poor people would knock on doors on Halloween (Nov. 1), asking for food in exchange for prayers for the dead.



**AGRUPAMENTO
DE ESCOLAS DE
MONÇÃO**

Hallowe'en

31st OCTOBER 2016



Atividade organizada pelos grupos 330 e 220.

**HALLOWE'EN SCHOOL
MENU
31st October 2016**

Starter:

DISGUSTING SWAMP



SOPA DE BRÓCULOS OU
CREME DE ERVILHAS



Main course:

**STICKY MEAT EYE BALLS
WITH SPAGHETTI SWAMP**



ALMÔNDEGAS COM ESPAGUETE
EM MOLHO DE TOMATE



Dessert:

**FRUITY PUMPKIN
AFRO**



ESPETADA DE FRUTA

**AGRUPAMENTO
DE ESCOLAS DE
MONÇÃO**

CONTACT: 251 640 847